CLAIMS

- 1. A fiber optic cable that comprises:
 - (a) at least one optical fiber;

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(b) a primary buffer member circumferentially surrounding each optical fiber;

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(c) optionally, a heat insulating and dimensionally stabilizing member circumferentially surrounding the primary buffer member;

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- (d) a secondary buffer member circumferentially surrounding either the primary buffer member or the heat insulating and dimensionally stabilizing member;
- (e) a strength member circumferentially surrounding the secondary buffer member: and

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- (f) a dual layer jacket circumferentially surrounding the strength member, which comprises a heat or pressure sealed, low-shrinkage polymer film inner layer, and an outer protective layer.
- 2. The fiber optic cable of claim 1, wherein the primary buffer member is prepared from a material selected from the group of silicones, acrylic polymers, acrylates and polyimides.
 - 3. The fiber optic cable of claim 2, wherein the primary buffer member is prepared from a material selected from the group of acrylate functional monomers, acrylate functional oligomers, and mixtures thereof.

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- 4. The fiber optic cable of claim 2, wherein the primary buffer member is prepared from a polyimide material.
- 5. The fiber optic cable of claim 1, wherein the secondary buffer member is prepared from a fluoropolymer material selected from the group of fluorinated ethylene-propylene, polytetrafluoroethylene-perfluoromethylvinylether, perfluoroalkoxy, polytetrafluoroethylene, ethylene-chlorotrifluoroethylene copolymers, ethylene-tetrafluoroethylene copolymers, polyvinylidene fluoride, tetrafluoroethylene-hexafluoropropylene-vinylidene fluoride, polyvinylfluoride resins, and mixtures thereof.
- 6. The fiber optic cable of claim 5, wherein the secondary buffer member is prepared from a perfluoroalkoxy material.

- 7. The fiber optic cable of claim 5, wherein the secondary buffer member is prepared from an ethylene-tetrafluoroethylene copolymer.
- 8. The fiber optic cable of claim 1, wherein the strength member comprises straight, axially extending yarns or fibers that circumferentially surround the secondary buffer member.

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- 9. The fiber optic cable of claim 8, wherein the yarns or fibers are aramid yarns or fibers.
- 10. The fiber optic cable of claim 1, wherein the strength member is prepared using a fiber-reinforced composite or fabric comprising aromatic polyamide fibers in a resinous matrix.
- 11. The fiber optic cable of claim 1, wherein the strength member is prepared using a polyimide film.
- 12. The fiber optic cable of claim 1, wherein the strength member is prepared using a glass fiber-reinforced composite material.
- 13. The fiber optic cable of claim 1, wherein the polymer film inner layer of the dual layer jacket is prepared using a fluoropolymer film.
- 14. The fiber optic cable of claim 1, wherein the polymer film inner layer of the dual layer jacket is prepared using a polyimide film having a sealable component coated or laminated onto at least one surface thereof.
- 15. The fiber optic cable of claim 14, wherein the polyimide film is an aromatic polyimide film.
 - 16. The fiber optic cable of claim 15, wherein the aromatic polyimide film is a polyimide copolymer film derived from the reaction of an aromatic tetracarboxylic acid dianhydride component comprising from 0 to 95 mole % of 3,3',4,4'-biphenyltetracarboxylic dianhydride and from 5 to 100 mole % of pyromellitic dianhydride, and an aromatic diamine component comprising from 25 to 99 mole %
- 17. The fiber optic cable of claim 14, wherein the sealable component is a heat-sealable adhesive selected from the group of perfluoropolymer, crosslinkable fluoropolymer, and polyimide heat-sealable adhesives.

of p-phenylene diamine and from 1 to 75 mole % of a diaminodiphenyl ether.

18. The fiber optic cable of claim 17, wherein the heat-sealable adhesive is a perfluoropolymer adhesive selected from the group of polytetrafluoroethylene, fluorinated ethylene-propylene, perfluoroalkoxy, and tetrafluoroethylene and perfluoromethylvinylether copolymer adhesives.

- 19. The fiber optic cable of claim 17, wherein the heat-sealable adhesive is a crosslinkable fluoropolymer adhesive selected from the group of ethylene-tetrafluoroethylene and chlorotrifluoroethylene copolymer and terpolymer adhesives, which contain minor amounts of one or more fluorinated comonomers.
- 20. The fiber optic cable of claim 17, wherein the heat-sealable adhesive is a thermoplastic polyimide adhesive, which softens and becomes fluid at or above 200 °C.

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- 21. The fiber optic cable of claim 1, wherein the polymer film inner layer of the dual layer jacket demonstrates a high temperature (150°C) adhesive bond strength (ASTM 1876-00) ranging from about 100 to about 250 grams per inch-width.
- 22. The fiber optic cable of claim 14, wherein the polyimide film inner layer of the dual layer jacket demonstrates a high temperature (150°C) adhesive bond strength (ASTM 1876-00) of greater than 1000 grams per inch-width.
- 23. The fiber optic cable of claim 1, wherein the outer protective layer of the dual layer jacket is prepared using a fluoropolymer material selected from the group of polytetrafluoroethylene-perfluoromethylvinylether, perfluoroalkoxy, polytetrafluoroethylene, ethylene-chlorotrifluoroethylene copolymers, ethylene-tetrafluoroethylene copolymers, fluorinated ethylene-propylene, polyvinylidene fluoride, tetrafluoroethylene-hexafluoropropylene-vinylidene fluoride, polyvinylfluoride resins, and mixtures thereof.
- 24. The fiber optic cable of claim 23, wherein the fluoropolymer material is a perfluoroalkoxy fluoropolymer.
- 25. The fiber optic cable of claim 1, wherein the fiber optic cable further comprises a heat insulating and dimensionally stabilizing member that is prepared from a material selected from the group of aramids, glass, polyesters and polyimides.
- 26. The fiber optic cable of claim 25, wherein the heat insulating and dimensionally stabilizing member is formed by wrapping an aramid paper tape, in overlapping fashion, along a portion or length of the primary buffer member.
- 27. The fiber optic cable of claim 25, wherein the heat insulating and dimensionally stabilizing member is formed by spiral wrapping an aromatic polyamide fiber-reinforced polymer composite or fabric, which comprises helically orientated, aromatic polyamide fibers fixed in a resinous matrix, around the primary buffer member.

- 28. The fiber optic cable of claim 1, wherein the optical fiber(s) is a graded-index, multi-mode optical fiber(s) having a core diameter of approximately 62.5 micrometers and a cladding diameter of approximately 125 micrometers, and wherein the fiber optic cable demonstrates an optical attenuation (EIA/TIA Test Procedure Number 455-3A) of less than about 3.0 decibels per kilometer at 1300 nanometers.
- 29. The fiber optic cable of claim 28, wherein the fiber optic cable demonstrates an optical attenuation (EIA/TIA Test Procedure Number 455-3A) of less than about 2.0 decibels per kilometer at 1300 nanometers.
- 30. The fiber optic cable of claim 1, wherein the optical fiber(s) is a single-mode optical fiber(s) having a core diameter of approximately 9 micrometers and a cladding diameter of approximately 125 micrometers, and wherein the fiber optic cable demonstrates an optical attenuation (EIA/TIA Test Procedure Number 455-3A) of less than about 2.5 decibels per kilometer at 1300 nanometers.
- 31. The fiber optic cable of claim 30, wherein the fiber optic cable demonstrates an optical attenuation (EIA/TIA Test Procedure Number 455-3A) of less than about 1.5 decibels per kilometer at 1300 nanometers.
 - 32. A fiber optic cable that comprises:
 - (a) at least one optical fiber;
 - (b) a primary buffer member comprising a polyimide coating circumferentially surrounding the optical fiber(s);
 - (c) a secondary buffer member comprising a high temperature fluoropolymer extruded around the primary buffer member;
 - (d) a strength member comprising straight aromatic polyamide fibers axially extending and circumferentially surrounding the secondary buffer member; and
 - (e) a dual layer jacket comprising a heat-fused, spirally wrapped, low-shrinkage polyimide tape inner layer, and an extruded fluoropolymer outer layer.
 - 33. A fiber optic cable that comprises:
 - (a) at least one optical fiber;
 - (b) a primary buffer member comprising an acrylate coating circumferentially surrounding the optical fiber(s);

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(c) a heat insulating and dimensionally stabilizing member comprising twisted or helically orientated, aromatic polyamide fibers spirally wrapped around the primary buffer member; (d) a secondary buffer member comprising a high temperature 5 fluoropolymer extruded around the heat insulating and dimensionally stabilizing member; a strength member comprising straight aromatic polyamide (e) fibers axially extending and circumferentially surrounding the 10 secondary buffer member; and a dual layer jacket comprising a heat-fused, spirally wrapped, (f) low-shrinkage polyimide tape inner layer, and an extruded fluoropolymer outer layer. 15 34. A process for preparing a fiber optic cable, which comprises: forming a primary buffer member on at least one optical fiber; (a) optionally, forming a heat insulating and dimensionally stabilizing 20 member on the primary buffer member; forming a secondary buffer member on either the primary buffer (c) member or the heat insulating and dimensionally stabilizing member: 25 (d) forming a strength member on the secondary buffer member; and (e) forming a dual layer jacket on the strength member by 30 i. wrapping a low-shrinkage polymer film in an overlapping fashion along a portion or length of the strength member, optionally, heating the low-shrinkage polymer film to a ii. 35 temperature sufficient to cause overlapping regions of the film to bond. iii. forming an outer protective layer on the inner layer, and 40 optionally, crosslinking the outer protective layer. iv.